



Media Kit

Raelene Byrne, Medicine for Your Spirit

Raelene Bio – Journey to now



I have a passion for health, wellness, balance and deep peace. To date my life has been guided to learn, experience, share and utilise any and all of the amazing tools that are available to us. I personally believe that any type of transformation in healing can be uncomplicated, painless, and in fact can be liberating in the understanding that comes with a release. After all the years of searching for the '(k)new' type of healing modality that would really 'do it', I now know that everything we need to do, know, share, we already have inside us. Once I remembered this, the type of healing that I do is very in tune with the person who is in my care and I utilise all the skills that I have acquired over the years.

I have had some wonderful teachers, and a total trust in the process of life which has brought me to this very moment in my life. I honour the gifts that have been opened up in me, the skills

that I have acquired, the enormous amount of gratitude that I choose to live my life in, and the complete support of family, friends and the celestial realm.

My studies in energy and natural healing took me to an amazing healer. A man who practised Chinese medicine and Acupuncture. To this day I have infinite gratitude to him and his beautiful wife, for the healing they gave me was to be the best lesson of all. They helped me to find me!! It was this gifted man, Doug Davies, who still operates an exceptional healing center in Melbourne, that told me 'Everything you need to know, you already have inside'. And the other thing that changed my world for me was 'Everything is perfect exactly as it is'.

Meditation became a huge part of my life as this man introduced me to the power of it. Transformation was inevitable, questions profuse, challenges took on a whole new perspective. This is where Reiki came to me, not long followed by Bowen technique. Now my interest in all things of energy and vibration started to take me through doorways that were wild, at times confronting, comforting and at the same time challenging. All my belief structures had to be reassessed. What was my real inner belief about all things. Which beliefs were inherited through upbringing, how did I go about integrating all the things that I felt resonating in and around me. I just kept learning, reading, talking with people and trusting that each door that was presented to me was one I had to travel through.

I look forward to sharing, growing, being of support and service in an environment that will benefit each of us individually and collectively as we unite with the energy of the earth.

Raelene

Raelene – Workshop Presenter



Raelene offers workshops on a number of different healing techniques including meditation and energy work. With many feathers in her cap and a Diploma in Herbal Medicine, Raelene boasts an impressive pedigree including mediation group leader, energy workshop facilitator, experienced fitness leader and energy healing coach.

Demand on her as a workshop presenter has led to 2 sellout events in 2009, the launching pad for a string of similar events planned for 2010 based on their success.

Raelene founded and led the 'Soul Soaring Tour' to Sedona in Arizona, USA. She guided her group on a journey of healing, unleashing and the experience of complete joy unrivalled, in some cases by any other significant life event, whilst visiting powerful and sacred sites in energy grids to compound the healing impact.

Raelene Byrne IS Earth Magic - a union between heart and earth. She brings in guest Sharmans and Keepers of Wisdom and delivers group healings, meditation, soul retrievals and transformational energy shifts. Workshop participants experience the awakening of inner soul, breathe in the divine wisdom of the universe through the union of heart and earth. And a powerful transformational Sacred Ceremony!

Raelene's Qualifications and Credentials

- Massage Therapist
- Sports Massage
- Traditional Thai Massage
- Bowen Technique
- Diploma Herbal Medicine
- Reiki 1 & 2
- Aromatherapy
- Reflexology
- Ayurvedic Medicine
- Ayurvedic Beauty Therapy
- Energy Distribution Massage
- Angel Intuitive
- Angel Intuitive Advanced
- Essence of Angel Practitioner
- Crystal Healing
- Energetic and Vibrational Healing
- Isis Healing Level 1
- Aura Drainage
- Chakra Balancing
- Ileo-Sacral Release
- Fitness Leader
- Orion Healing
- Crystal Essence Practitioner
- Raindrop Technique
- Egyptian Emotional Clearing Technique
- Workshop facillitator
- Meditation Group leader
- Energy Clearing for Houses, Workplaces
- Young Living Oil Distributor
- Crystal Light Healing Practitioner
- Worked as a volunteer at Doreen Virtue's Angel Intuitive 3 day Courses in 2004, 2005, 2006, 2007
- Worked with Carolyn Myss as a volunteer for her one day event in Brisbane 2007
- Worked as a volunteer for Esther and Jerry Hicks
- Represented Hay House as an Angel Intuitive doing single angel card readings

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Raelene – Coach and Mentor



A truly unique individual helping people realise their full potential, Sunshine Coast local and nationally renowned energy, frequency and cellular vibrational healer Raelene Byrne leaves a lasting impression on all who are fortunate to cross her path.

Raelene has been recognised as an innovator in her field and often works as a complimentary practitioner across a range of disciplines including chiropractors and psychologists in helping patients tap into their own healing power. Having studied chemistry and biology, anatomy and physiology, Raelene is passionate about the potential of science to support many spiritual methods.

For more than 25 years Raelene has been studying, researching and practicing advanced healing methods. Her impressive list of qualifications includes massage therapy, reiki, aromatherapy, reflexology, crystal healing and ayurvedic medicine. Her astute clientele seek out Raelene to unblock and release any elements that hold them back from achieving optimum lifestyle and performance.

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With the establishment of her business, Medicine for your Spirit, Raelene's journey has led her to focus on the emerging philosophy and practice of vibrational and energy healing. A firm believer that healing is accessible to everybody, Raelene offers clients the clarity to release the energy that no longer serves a purpose in their lives and helps them move forward spiritually and in good health. This practice is supported by a strong scientific philosophy. Private healings, mediation circles, public presentations and two and three day workshops are just some of the many services Raelene offers a broad client base on the Sunshine Coast and across Australia.

Much of Raelene's training ground results from several years spent supporting alternative therapy leaders including Doreen Virtue, Carolyn Myss, renowned author Eckhart Tolle and Esther and Jerry Hicks. Raelene has been published in leading spiritual lifestyle forum Insight Magazine and often attracts various media attention for her alternative, spirited and enthusiastic approach to healing.

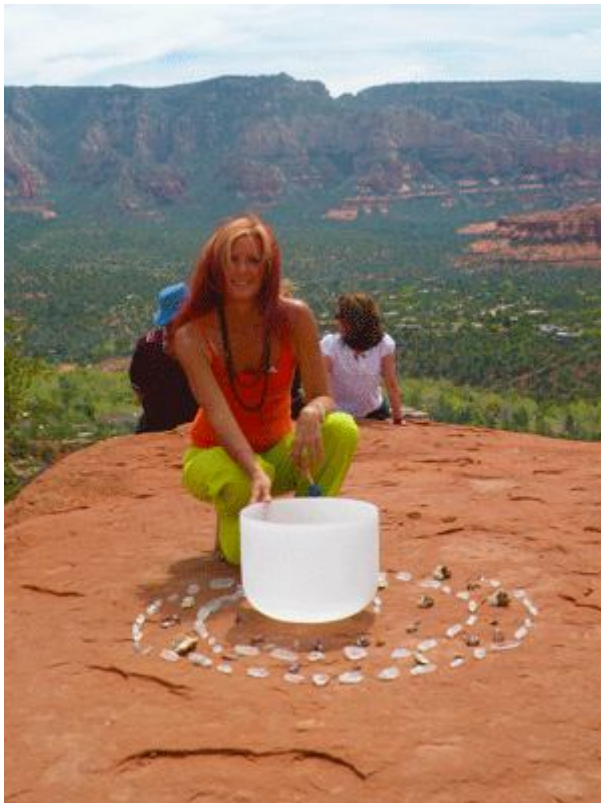
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Raelene – Energy Healer



Raelene's qualifications include massage therapy, reiki, aromatherapy, reflexology, crystal healing and ayurvedic medicine. She is sought after as a healer who can unblock and release any elements that clientele back from achieving optimum lifestyle, joy and performance.

Healing is such a personal experience for Raelene and there are no two sessions that are similar. The energy of Intention plays an enormous part in what she does.

"Every person I work with has the right to being presented with the highest healing intent possible. As the energy that has its own innate intelligence works through the physical body, many blockages, beliefs, negative patterns etc are exposed/revealed and are therefore released, removed and repaired, in all directions of time. There are many 'new age' terms, language, phrases etc that I could use here, but I choose to be simple and straightforward. The work I do comes from honesty, integrity, simplicity and the

belief that we all are able to live in a state of peace and happiness.

What I offer is the clarity to help the person I work with release all or any things that no longer serve a purpose in their life, to release any stagnant/stale energy that is causing them to feel that life is a struggle and they keep repeating the same patterns, to allow them to open up to their true potential, to realise their own strengths, direction and the basic understanding that at every moment in our lives we have choices. We can choose to be miserable, or happy, choose to have pain or peace, choose to repeat patterns or release them, and choose ease over discomfort. Each person is honoured by the information that they will be given so they can become proactive in their own personal healing journey. Some of these things could be related to diet, herbs or even to the direction of going to see a practitioner. We all have a responsibility to our soul/spirit to be balanced, happy, healthy, abundant, radiant and living in truth." --Raelene Byrne

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Raelene – Article Contributor



Raelene is an authoritative figure in the area of energy healing. Much of Raelene's training ground results from several years spent supporting alternative therapy leaders including Doreen Virtue, Carolyn Myss, renowned author Ekehart Tolle and Esther and Jerry Hicks. Raelene has been published in leading spiritual lifestyle forum Insight Magazine and often attracts various media attention for her alternative, spirited and enthusiastic approach to healing.

Raelene has attracted the attention of various high profile clients who choose her as their energy worker and guide.

Examples of Raelene's article style can be found in the media articles on www.medicineforyourspirit.com/media.

To contact Raelene Byrne for an interview please email your request to info@medicineforyourspirit.com or call (Australia) 0404 849 723 (Outside Australia) +61 404 849 723

To see samples of Raelene Byrne Interviews and articles please visit www.medicineforyourspirit.com/media