

Time For Australian Spirit Guides To Show Up

By Raelene Byrne



I have always been fascinated and in awe of artists who are able to 'see' and draw personal spirit guides. These are the animals and other celestial helpers who walk with us as we journey through this life on earth. People become excited when they receive their channelled drawing comprising of images of their personal guides - their power or totem animals - and extra information, which assists them in delving deeper into the understanding of their own spirit and accepting they are supported in their journeys.

This is particularly valuable as we seek to know more about ourselves and our place on the planet, however, would it not be incredible to see the spirit guide of an emu peering over someone's shoulder? Or perhaps a platypus circling a person's feet? Or maybe a dingo leading someone through his or her life's mission? Or a kangaroo holding the promise of a person's potential in life? Even the sure-footedness and strength the wombat embodies.

While we all love the history of American Indian animal totems and energies, Australian animals also have a powerful influence on us as they are the creatures of our land and personify the energy we all are anchored to. Surely they walk with us as we walk this land? For them to be incorporated in personal spirit guide drawings would be a giant step toward unity and a wonderful acceptance that Australia has a rich spiritual essence worthy of being depicted.

What of the ancestors of this land? Indigenous Australians have such an ancient history and connection, not just to the land, but also the creatures from the animal kingdom. The nobility and wisdom they exemplify, as well as their teachings need to be celebrated and honoured so we can better appreciate our unique country and the even more exceptional creatures that roam its grounds.

Like their American Indian counterparts, each Australian animal tells a story from its essence. However, why is it that we seem to prefer a wolf as a power animal, rather than a dingo? Perhaps the fear instilled in us by this creature is not great enough; more likely, we do not fully understand the significance.

We seek the teachings and ancient wisdoms of numerous indigenous civilisations of other lands, we proudly display the artifacts significant in the ceremonies of other cultures, and we flock to speakers who travel from afar to remind us of the 'old ways' about how we need to reconnect with the land. Overseas, people travel for miles to hear Indigenous Australians speak, perform and share knowledge of their culture. They are highly sought after and greatly respected and admired, just as we here in Australia respect and admire the indigenous cultures that visit us. Is this because we are seeking a connection to an indigenous richness and tradition where we do not have to experience the shame, guilt or embarrassment of what has transpired throughout history?

We can connect to Indigenous American culture without having to feel the pain of what they have lived through. We can listen to their ancient knowledge without the guilt of what may have been nearly extinguished through the progress of civilisation. We can accept the words and reminders, as long as we do not have to relive the horror of displacement that has been thrust upon them over time. It makes complete sense why we are more comfortable with having a native American animal or spirit as our guide.

How incredibly powerful would it be to honour the strength of this land and be proud enough to show people your guide is an Indigenous Australian animal? If American Indians can be our guides and show up in non-indigenous people's energy fields, then why can't the essence of the Aboriginal be present with us as well?

The impact and wonderful success of the Bach Flower remedies created in England by Dr. Edward Bach received global acceptance. However, the flowers the energy was being extracted from were grown in English soil and therefore carried the vibration of that land in the Northern Hemisphere. Dr. Ian White found that in our vast country with the conditions we live under, the bush flowers resonated with our energies. So he researched, studied and delivered a healing modality to honour the Australian culture, which resonates with our environment.

Australia is a young nation with the oldest civilisation. Let us honour the wisdom that has breathed, walked and worked this land through acknowledging the lessons the animals have brought and taught to the ancestors. We need to recognise the absolute wisdom and ancient knowledge the animals of our land can share with us and teach us. We should be able to call on the power of each one to walk with us as we move through the transitions of life. Let us allow the spirits of the ancestors of this land to show up as our guides, to honour us with their innate wisdoms, and to walk beside us, guiding our path in this country that we love. Let us embrace the presence of their spirit merging with ours, with pride and a glowing badge of honour and respect.

We have to own our past so we can fashion a wonderful and productive future. Welcome the wisdom of the Australian animals, the essence of the indigenous ancestors. Let our land's history and wisdom be desired by other countries and our animal kingdom, with its unique and special form of communication, allow people in distant lands to yearn for a possum on their shoulder, a bilby at their feet or an osprey above their heads. It is time for our ancient Australian spirit guides to materialise in our lives. ❖

.....
Raelene Byrne is an intuitive healer, facilitator of meditation and guide for sacred site journeys. Her passion is to help people remember they are unlimited in every moment of your life. www.medicineforyourspirit.com
.....